

# IMPROVING SOCIAL AND EMOTIONAL LEARNING IN PRIMARY SCHOOLS

## Planning Approaches for SEL in Primary Schools

There are many approaches to developing social and emotional skills in primary schools, which can range from taught PSHE lessons, to whole school programmes, to less intensive practices that teachers integrate into their everyday teaching. These usually work at three levels, which can offer a useful format for planning:

**Whole-school** (for example, all-staff training, school-wide efforts to reduce bullying or improve school ethos)

**Whole-class** (for example, an explicitly taught weekly classroom curriculum, or integrated strategies)

**Targeted** (for example, individual or group-based support for children with greater needs)