

Coaching for Heads



Hampshire
County Council

Educational
Psychology

There are many forms of coaching and many definitions. We see it as a coach (in this case a qualified psychologist) being able to help a Head to achieve all that they can in their role. The focus of the coaching may include developing your work role, achieving better work-life balance, communication, team work or leadership. This is negotiated with you.

The sessions will include a range of activities including setting goals, understanding your strengths and agreeing changes that you are able to put into practice. There will be some short activities for you to complete between sessions. We hold close the principle of empowering others. We ensure trust can be achieved so that work takes place in a positive professional relationship. Thus, the sessions are confidential, with the obvious exception of any safeguarding concerns.

Why are educational psychologists well placed to provide coaching?

We are qualified educational psychologists, chartered by the British Psychological Society and bound by their Code of Conduct. We are registered with the Health and Care Professions Council. We have a sound theoretical knowledge of many areas of psychology as well as the interpersonal skills to provide effective coaching. With prior experience and many years of working in a variety of schools, we also have a good understanding of the educational contexts in which you work.

“Coaching is the art of facilitating the performance, learning and development of another” (Downey, 2003).

Venue –
your local EP office or
your school (to be
agreed - whatever is
best for you)

Contact details

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Cost per Head
£715 for 6 sessions