



Supervision for Heads

Individual supervision sessions for Heads can be a valuable space for supporting wellbeing and deep thinking. We can often think more clearly and feel more confident when we do this with a supervisor. Supervisors are skilled empathetic listeners who bring their psychology to the process of supervision, allowing exploration of the emotional components of the Headteacher role and providing psychological containment. There is recognition of the multiple and conflicting demands upon you and opportunities for you to choose the focus of the sessions, often varying over time.

The team of Educational Psychologists (EPs) in Hampshire Educational Psychology (HEP) are all HCPC registered and work within the BPS Code of Conduct. We all have regular supervision and have had additional training in providing supervision to others. We are able to draw upon a range of supervision models and will ensure we find the right approach for you.

Supervision can give you the space you need to “Pause, Reflect and Press Reset”.

Venue –
your local EP office, your school or virtually (to be agreed - whatever is best for you)

Contact details

Contact your local Area Senior Educational Psychologist (as below) or your SLA link EP

Email: West - anna.nolan@hants.gov.uk
North – dan.taylor@hants.gov.uk
East – [c/o sara.hutton@hants.gov.uk](mailto:c/o.sara.hutton@hants.gov.uk)
South – Jamie.coe@hants.gov.uk

**Cost per Head
£715 for
6 sessions**